In response to the recent floods, the Colorado Spirit Team is working with the community to assist individuals, families and organizations in recovery. Colorado Spirit provides individual and group support, education and referrals to resources as needed.

If you or anyone you know who resides in Arapahoe County that could benefit from these services, contact Colorado Spirit at 720-515-3329.

Please leave a detailed message and we will get back to you within 48 hours.

Colorado Spirit is located at the Aurora Strong Resilience Center (AuMHC), which is about building resilience—helping people adapt to change, stress, and trauma in healthy and flexible ways. The Resilience Center provides resources for individuals interested in connecting and learning more about healing, wellness, and resilience.

A few of the FREE services offered at The Resilience Center include:

- One-on-one and group counseling
- Coping classes
- Stress management classes
- Yoga
- Meditation
- Support groups
- Massage

Hours
Monday, Wednesday, Friday 10:00am-6:00pm
Tuesday, Thursday 12:00pm-8:00pm
Saturday 9:00am-3:00pm

1298 Peoria St. Aurora
In the Hoffman Municipal Center…Garden Level
(303)-739-1580
If you recently sustained loss or damage due to severe storms, flooding, landslides, and mudslides, you may be eligible for disaster aid.

**DISASTER ASSISTANCE**

**To Register Call: 1-800-621-FEMA (3362)**

When you register for disaster assistance please have the following available:

- Private insurance information, if available
- Address and zip code of the damaged property
- Directions to the damaged home or property
- Telephone number where FEMA can reach you
- Social Security Number

If you use TTY, call 1-800-462-7585 directly.

If you use 711-relay or Video Relay Service (VRS), call 1-800-621-3362 or register online: [www.disasterassistance.gov](http://www.disasterassistance.gov)

***The deadline to register for FEMA flood damages is November 30th, 2013

**Other Resources**

**The City of Aurora website:**

Flood Recovery Resources

The recent flooding and severe weather that Aurora and the entire state have experienced is unprecedented. Now that the worst is over for our city, we begin the task of recovery and restoration.

Many Aurora residents have questions and needs related to moving forward. We created Flood Recovery Resources page to serve as a clearinghouse of information to assist you. It will be updated, as new information is made available.

***Check back to this webpage often as it is updated frequently with new information.

Please call Access Aurora at (303)-739-7000 for questions about flood recovery resources and other city information.

http://www.auroragov.org/LivingHere/Public Safety/Emergency Preparedness/FloodRecoveryResources/index.htm